



## **Men's Merit League - John Emmett Farrell Trophy** **Women's Merit League - Leslie Watson Trophy**

These trophies are two of the club's more recent awards and were both instigated in 2007.

The Men's trophy is in honour of one of the club's greats John Emmet Farrell (1909-2006). After joining Maryhill Harriers in 1933 Emmet Farrell would go on to win many National titles on the track, road and cross-country, set multiple records, represent Scotland many times plus become a stalwart, champion and record-holder of the Veteran Harriers movement in his later years.

The Women's trophy honours Leslie Watson who is one of Scotland's top marathon runners of all time (and the first Scots female to officially run the marathon). Leslie joined Maryhill Harriers Ladies as a junior and over her running career won 68 marathon titles (completing 206) as well as holding National and World titles and records over varying distances from 1 mile to 100km. She currently holds National, European and World titles in powerlifting after having to retire from running in the mid 90's due to a twisted nerve in her knee.

Each trophy is awarded annually to the respective male and female harrier who scores the highest points in that year's Merit League. It promotes commitment and the requirement for consistently good running plus improvement throughout the year and is not necessarily won by the fastest harriers.

Each Merit League consists of 13 races where members of the club receive points for every race they participate in with the fastest harrier scoring 30 points, followed by 29 points for 2nd fastest, 28 points for 3rd fastest and so on. The winner of the Merit League is the harrier with the highest score at the end of the season, where each harrier's best 9 scores count. Five bonus points are awarded to harriers achieving a Personal Best or an over-50 Personal Best.

### Men

2007	D. Riddell
2008	S. Lydon
2009	S. Jones
2010	S. Jones
2011	A. Sutherland
2012	G. Curran
2013	A. Sutherland
2014	A. Sutherland/C.White
2015	A. Sutherland
2016	K. Sullivan

### Women

2007	I. Martin
2008	M. Peebles
2009	C. Jones
2010	C. Jones
2011	M. Peebles
2012	M. Peebles
2013	C. Nisbet
2014	C. Nisbet
2015	C. Hever
2016	M. Peebles



# Maryhill Harriers



2017	C. White
2018	C. Perrie
2019	R. Clark
2020	

2017	L. Sinclair
2018	C. Nisbet
2019	L. Parker
2020	